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Gifts to aid, soothe the new mom

LOCKIE HUNTER • CITIZEN-TIMES CORRESPONDENT • PUBLISHED JUNE 23, 2008 12:15 AM

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Bringing a new baby into the world can be the most exhilarating moment in a woman's life, but preparing for the new baby may leave her exhausted, stressed, and overwhelmed. Help ease the burden of the first few months with these thoughtful gift ideas that range from the practical to the decadent.



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Dutalier Glider and Ottoman At Heaven Rains, there is a Customer's Own Fabric Program for these Dutalier rockers. - **Special to the Citizen-Times**

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Kangaroo-style carrier

The Kangaroo Skin-to-Skin Care Cami allows mom to hold her newborn skin-to-skin, while giving her the freedom to do certain activities hands-free.

"We've never had a product that was so well supported by the medical community," said Rosiland Whiteley, of Heaven Rains. "We have women in the store all the time that were referred by their OB, birthing instructor, or lactation consultant. This product really sets the stage in the beginning of life for a healthy Mother Baby bonding experience."

\$54.99 for the camis and \$48.99 for the Kango Wraps at Heaven Rains.

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Kalencom Diaper Bag

"The 'Midi Ultimate Tote' by Kalencom makes a fantastic, functional diaper bag for mom," said Diana Eirhart, of Just Ducky. "With a roomy interior, coordinating accessories and AZO free, this tote is a stylish and safe choice." Available in a variety of colors.

\$62.00 at Just Ducky, 100 Charlotte St., Asheville, 254-4247.

Dutalier glider and ottoman

Dutalier furniture is handcrafted and entirely child-safe with rounded corners and nontoxic finishes.

"Words are not sufficient to convey the comfort, unparalleled smooth glide and ease," Whiteley said. "We always have some chairs in stock at the store available immediately."

\$299 wooded glider to a \$2,200 all leather glider recliner with ottoman at Heaven Rains, Grove Arcade, 1 Page Ave., Asheville, 252-1484.

Organic healing balms

Pamper and nourish mom's skin with organic products made especially for the new mother. From C-Mama healing salves to post-partum bath herbs, the collection at Nest Organics offers a variety of products that may help soothe the skin and spirit of new moms.

\$9 Postpartum Bath Herbs.

\$13.95 Earth Mama Bottom Balm.

\$36 C-Mama Healing Salve.

\$9 Milkmaid Tea.

All at Nest Organics, 51 N. Lexington Ave., Asheville, 258-1901.

'Yummy Mummy Manifesto'

"New mothers often forget how it is to feel feminine and flirty," said Gretchen Horn of Malaprop's bookstore/Cafe. "The Yummy Mummy Manifesto" provides real advice (and resources) on how to get back to your yummy self after the miracle of childbirth, with tips on fashion, going back to work and retaining sanity in the midst of it all; with an emphasis on pampering the new mom!"

\$20 at Malaprop's bookstore/Café, 55 Haywood St., Asheville, 254-6734.

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