Small Bites: Patio Party at West End Bakery & Café

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FLIGHTS OF FANCY: West End Bakery and Café will highlight its dessert flight offerings at its Patio Party on Saturday, Sept. 20. Photo courtesy of West End Bakery and Café

Back in July, West End Bakery & Café embraced the summer season by adding a covered outdoor seating area to its landmark West Asheville property. Around the same time, the bakery's dessert chef, Meg Schearer, introduced dessert flights to the menu — a sampling of sweet items in tiny portions on one plate — and the eatery rolled out evening hours on Fridays and Saturdays along with a beer and wine menu.

Now that summer is drawing to a close, West End Bakery plans to celebrate the enlarged space and highlight the new nighttime offerings with a family-friendly, neighborhood Patio Party on Saturday, Sept. 20.

The event will also kick off a new monthly Youth Open Mic Night, which will happen 6-9 p.m. the third Saturday of every month. Kids ages 18 and younger are welcome to perform their music, poetry, storytelling or stand-up comedy. Live music will follow the open mic 9-11 p.m.

West End co-owner Krista Stearns says adding entertainment, beer and wine and dessert flights — an idea that came from relatives living in larger cities who noted the growing trend — is an effort to bring attention to the café as an evening destination for families.

"We have so many bars and restaurants in West Asheville," says Stearns, who has two young children, "but we wanted [to create] a spot where families could come and be in the evenings and hear a little music and poetry that was family-appropriate; where kids can have dessert and grownups can have wine."

In addition to the Youth Open Mic Night, Stearns says the restaurant has already launched West End Poetry and Prose, a free monthly, family-oriented reading and storytelling series organized by Lockie Hunter, who coordinates a similar event at Downtown Books & News.

West End is also now serving its Hot Mess pimento cheese dip and breakfast biscuits at night. Dessert flights are \$6 each and are available 7-11 p.m. Fridays and Saturdays.

Patio Party, 5-11 p.m. Saturday, Sept. 20, West End Bakery, 757 Haywood Road. Kids interested in participating in the open mic can find out more by emailing lewis@westendbakery.com. West End Poetry and Prose happens 7-9 p.m. the second Saturday of each month. westendbakery.com

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About Gina Smith

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